



4-H Babysitting Clinic

Polk County

For students 5th grade and above, the **4-H Babysitting Clinic** will give you the skills to become a great babysitter. Babysitting is an important job and can sometimes be scary if you don't know what to expect. We'll cover all of the skills and help you learn the ropes to be successful on the job!

- Caring for infants and young children
- Development traits of ages 0-5 years
- Safe cooking skills and safe meal prep
- What to do in an emergency
- Basic first aid skills (we'll even give you a kit!)
- What to ask before parents leave
- What parents expect from you
- Activity ideas
- How to make babysitting a business

Cost: \$30/student

Date: Saturday, April 11th

Time: 9 AM—3 PM

Location: Grimes Community Complex—Cafeteria
410 SE Main St, Grimes IA

Instructor: Iowa State University Extension and Outreach— Polk County

The program cost will include a **Babysitting Clinic workbook**, **lunch and snacks**, and **child care resources**. **Pre-registration is required** (class min. 10-max. 20). Enrollment is complete when your payment has been made by **Thursday, April 9th**. Payment can be made over the phone via debit/credit card **OR** mailed to the following address. For questions about the program or to enroll, please use the contact information below.

Katie Martin
1625 Adventureland Dr. Suite A
Altoona, Iowa 50009
515-957-5778

Please make checks payable to Iowa State University Extension and Outreach— Polk County.

Credit card users will be assessed a non-refundable convenience fee of 3.0% of the payment amount (minimum \$0.50 fee) at the time of each credit card payment. Polk County Extension accepts Visa, MasterCard, and Discover.

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